



Т

# MARUM / GLOMAR Soft Skill Course:

# Leadership Skills

Sabine Lerch

Trainer, Coach and Business Mediator www.science.sabinelerch.de

16 - 17 October 2014, MARUM Bremen

# **Objectives**

This course was designed for young scientists to provide you with basic theoretical and practical knowledge concerning leadership. The word "leader" goes with "people." Leaders are expected to improve human performance, as well as to manage resources. Yet many professionals focus only on technical or scientific qualifications – not on complex social interactions. These professionals soon learn that poor leadership and communication skills can undermine credibility and general effectiveness.

Be it in academia or in industry – leaders will very likely manage "knowledge workers" (smart, creative, highly professional individuals) – who expect to be treated respectfully and given opportunities to develop their potential. For these tasks working together with other people in a cooperative way, understanding their motivation, bringing about solid decisions and influencing a group towards win-win goals will be valuable skills.

You will take steps to learn how to identify your own leadership type, clarify leadership ideals and behaviours, script successful meetings and discussions, listen to acquire complete information, empower your staff, give constructive feedback and deal with conflicts.

# Topics

	Coaching
Leadership Styles	about orientation and potential
about personality & responsibility	<ul> <li>Giving feedback</li> </ul>
Management versus leadership     Decision and participation	Supporting your team members
	Communication for Leaders
Meta-Programs	typical situations
how others get motivated	<ul> <li>Face-to-face conversation</li> </ul>
<ul> <li>Maslow's pyramid and self-actualisation</li> </ul>	<ul> <li>Business meetings</li> </ul>
<ul> <li>The principles of personal behavior</li> </ul>	
	Win-Win
Delegation by Pleasure	shift your perspective
how to open space	<ul> <li>Getting to Yes: Harvard negotation</li> </ul>
<ul> <li>Management by objectives</li> </ul>	Difficult partners
<ul> <li>Stewardship delegation</li> </ul>	
	Conflict Resolution
•	a leader's responsibility
	Vicious circles
	<ul> <li>Mediation basics</li> </ul>





# Methods

The training is conducted over 2 full days as a workshop. It mixes short theory lectures, discussions, individual and small-group exercises, plus role-playing exercises with feedback. The case studies are provided by the participants to ensure that the scenarios are as realistic as possible. For that a questionnaire is sent to the participants in advance.

# Location

MARUM, University of Bremen, Leobener Str., 28359 Bremen, Germany, Room 2060

#### Time

Day 1	9:30 - 12:45 and 13.45 - 17:30
Day 2	9:00 - 12:30 and 13:30 - 17:30

# To subscribe

To subscribe to this course, please fill in the registration form.

The registration deadline for this course is **2 September 2014**. If registration is too low by this day, the course will be cancelled.

Any enquiries concerning the course should be addressed to glomar-courses@marum.de.