

## MONTHLY RESEARCH SEMINAR

Bremen International Graduate School for Marine Sciences

Topic of the month:

## **Working in Home Office – Challenges and Chances**

## 24 February 2020

13.00 - 14.30

Online via GoToMeeting

In this workshop, we will have an informal chat about (having to) work at home.

What are your experiences?

Do you find it difficult to motivate yourself to even get up, let alone sit down and start writing your thesis? How do you cope with the loneliness when not being able to meet your colleagues and friends?

Maybe you have some strategies or little tricks you would like to share with the others. Or maybe it will just feel good to see and hear some of your colleagues online and realise that everybody is struggling at the moment. We are in this together and we will make it through the difficult times together!



Unfortunately, GLOMAR cannot provide any tea, coffee and cookies for this seminar as we would usually do. Maybe you could prepare a nice drink for yourself before you join the meeting.