

# HOW TO KEEP A FRIENDSHIP WITH PLANET EDDIE EARTH!!

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SECOND HAND



Use the things (clothes, toys, tools, etc.) which you already have, **repair** broken objects, **swap** the things which you do not use or need any more with your Friends. In case you need to buy, prefer second hand. Are you really sure nobody can use something anymore? **Recycle it!** :)

UNPACKAGED STORE



REPAIR  
→  
CAFE

Avoid using disposable objects and/or packages made of plastic. Use your own cup, bottle or shopping bags which you can re-use. Avoid cosmetic and cleaning products which contain microbeads. **Develop your action plan for a life without plastic!**

REGIONAL

FARMER'S MARKET



Try to avoid that your food takes airplanes as well! Prefer local seasonal products. Visit your local ... **FARMER'S MARKET!**

If you do not do it already, why not considering having a few meals a week without meat or fish? If you eat meat or fish, choose sustainable sources!

**GO VEG!**

Would you like to contact us and share your ideas with us? You will find the Once Upon a Time project at Facebook (Once upon a Time a Scientific Fairytale - OUAT), Twitter (@OUAT\_sci\_story) or you can contact us via email (ouat.scientific.story@gmail.com).



Inform your family and friends to prefer and use - whenever possible - renewable energies.

Organize with your friends a discussion group where you can learn collaboratively, share ideas and promote more actions towards environmental protection.



Whenever possible, avoid (taking) airplanes! Try to take the train, the bus or share a car. Choose the **bicycle** or other eco-friendly public transports for your daily commuting or short-distance travelling.

